## Nutthamon Itthipoowadol (Esther)

Fall 2017 – Spring 2018 at UC Berkeley



It's crazy how time flies Realizing that my one year exchange at Berkeley is officially over

This unquestionably has been my phenomenal year; it's my unimaginable opportunities to be in one of the top business schools, Haas with so many talented professors and all of these amazing friends

I'm so thankful for every experiences and lessons I had here but most importantly I'm truly grateful for people who came in and be part of this phenomenal year of mine

One year as an exchange student wasn't only a year to learn something in class but it's more like getting to know their culture, doing something new, exploring new places and then learn from these experiences in which you will never have if you do not have a chance to go out abroad.

Honestly, USA is so much different from Thailand; their cultures are different; their people are different so I can't deny that I spent some time to adapt myself to theses new environments. However, this is why I learned a lot, made a lot of friends, joined many communities, exploring their cultural days and visited many places.

### Friends and Community

They are the crucial part of my two semesters. I believe that the community you are in or friends you spend time with will help and shape you the way they are. I'm very blessed to have a lot of great friends and warm communities that always take care of me and spent fun and nice times together. I learned a lot of things through different group of friends. More importantly, they are the one who support me to not be shy and dare to try new things. And friendship doesn't end where it was created, we still keep in touch and we're still friends until this day!















## Travel and Explore new places

One of the things I learned is to spend time wisely. One year is not long at all when you need to spend that time to adjust yourself and settle down together with get ready for classes you take. So this one year I need to manage my time carefully. I spent almost every long holiday to go to other states across America since I think this opportunity support me to go out and explore easily compare when you are in Thailand. As expected, every state has its own uniqueness and cultures, specially people and food in that particular state. The longest trip would be during my winter break where between the two semesters. I travel around from west coast to east from north to south.

Winter Break Trips — Lake Tahoe, LA, Florida, NYC, Philadelphia, DC, Boston



















# $\underline{\text{Goodbye Trips}}$ (May 15 - 26) — Chicago, New Haven, New York, Las Vegas, Antelope/Grand Canyon













Other Trips — Seattle, Denver, New Orleans, Austin, SF, Yosemite













### **Cultures & Experiences**

The fun part of going out as an exchange student is to fit in their culture and experience life like native. Somewhat it wasn't easy but still fun to try out and see how they react. Sports is one example that I don't really play attention to but during this one year I went to so many matches to watch live games. Holiday like Thanksgiving or Christmas is something I herd about and what these days are, but I've never experience what people really do during these days; but now I do.

## **Sports**













**Holidays** 











